

SPIRIT WEAR - SIZING CHART

T-Shirts

5000 - GILDAN® Heavy Cotton™ T-Shirt

GARMENT MEASUREMENTS

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest - Half Measure	18"	20"	22"	24"	26"	28"	30"	32"
Chest - Full Measure	36"	40"	44"	48"	52"	56"	60"	64"
Body Length from HPS	28"	29"	30"	31"	32"	33"	34"	35"
Sleeve Length-CB	15 5/8"	17"	18 1/2"	20"	21 1/2"	22 7/8"	24 1/4"	25 3/8"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"	58"-61"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"	50"-53"
Sleeve Length-CB	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"	39"-39 1/2"

500B - GILDAN® Heavy Cotton™ Youth T-Shirt

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - Half Measure	16"	17"	18"	19"	20"
Chest - Full Measure	32"	34"	36"	38"	40"
Body Length from HPS	20 1/2"	22"	23 1/2"	25"	26 1/2"
Sleeve Length-CB	13 1/2"	14 1/2"	15 1/2"	16 1/2"	17 1/2"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

SPIRIT WEAR - SIZING CHART

Pullover Hoodies

1850 - GILDAN® Heavy Blend™ Hooded Sweatshirt

GARMENT MEASUREMENTS

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest - Half Measure	20"	22"	24"	26"	28"	30"	32"	34"
Chest - Full Measure	40"	44"	48"	52"	56"	60"	64"	68"
Body Length from HPS	26"	27"	28"	29"	30"	31"	32"	33"
Sleeve Length-CB	33"	34"	35"	36"	37"	38"	39"	40"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-55"	56"-57"	58"-61"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"	50"-53"
Sleeve Length-CB	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"	39"-39 1/2"

185B - GILDAN® Heavy Blend™ Hooded Youth Sweatshirt

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - Half Measure	16"	17"	18"	19"	20"
Chest - Full Measure	32"	34"	36"	38"	40"
Body Length from HPS	19 3/4"	21 1/4"	22 1/2"	24"	25 1/2"
Sleeve Length-CB	23 1/2"	26 1/2"	27 3/4"	30 1/4"	33"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

SPIRIT WEAR - SIZING CHART

Sweatpants

1820 - GILDAN® Heavy Blend™ Sweatpants

GARMENT MEASUREMENTS					
Size	S	M	L	XL	2XL
Waist	13"	14"	15"	16"	18"
Inseam	29"	29 1/2"	30"	30 1/2"	31"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	S	M	L	XL	2XL
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"

182B - GILDAN® Heavy Blend™ Youth Sweatpants

GARMENT MEASUREMENTS				
Size	S	M	L	XL
Waist	10 1/2"	11"	12"	13"
Inseam	19"	22"	25"	29"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide

Size	S	M	L	XL
Numeric Size	6-8	10-12	14-16	18-20
Waist	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"

SPIRIT WEAR - SIZING CHART

Team Shorts

S355 - ATC™ Pro Team Shorts

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL	2XL	3XL	4XL
Waist	13"	14"	15"	16"	17"	18"	19"	20"
Inseam	9 1/4"	9 1/4"	9 1/4"	9 1/4"	9 1/4"	9 1/4"	9 1/4"	9 1/4"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide

Size	XS	S	M	L	XL	2XL	3XL	4XL
Waist	26"-29"	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"

Y355 - ATC™ Pro Team Youth Shorts

GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Waist (relaxed)	10"	10 1/2"	11"	11 1/2"	12"
Inseam	7"	7"	7"	7"	7"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"